



East Lyme's Overlook Park Progress Report #34

by Robert S. De Santo, Ph.D.,
East Lyme Public Trust Foundation, Inc.

Reconstruction of the western half of the Niantic Bay walkway (a.k.a. Overlook Park) continues to progress in spite of repeated snow storms, blizzards, and Nor'Easters, none of which have damaged either the completed eastern half of Overlook Park, nor the western half that is progressing toward its terminus at the Hole in the Wall railroad underpass. The project remains on schedule with an expected completion date in the Summer of 2015.

The photograph seen above was taken at 3:00 pm on February 11, 2015, from the elevated patio at the rear of the Main Street Grill restaurant along Rt. 156 (Main Street) in Niantic. It shows the pile driver on the working face of the bulwark which is several feet below the railroad tracks.

The southernmost rail is exposed through in the snow shown along the bottom of the photograph. Construction has completed 1,842 feet of bulkhead and from this point of view looking southeast across Niantic Bay, Millstone Point Nuclear Power Plant is seen in the background.

In the foreground is the vibratory hammer pile driver, which is placing the 442nd PCZ-18, 32.9 ft. twin steel sheet piles. Each pair is 52± inches wide and weighs 3,316+ lb. At this stage in construction of the 2,700 foot bulkhead between the end of the eastern end of the boardwalk and its terminus, this key element of the bulkhead portion of the boardwalk is 67% complete.

Once the bulkhead is completed, there will be six aspects of this project yet to be completed. They will be undertaken in the following sequential order: 1) the sloping armor stone that protects the exposed bulkhead from wave damage, will be adjusted and finished, 2) a concrete cap will be poured to encase the top of the bulkhead and further strengthen the interlocked sheet piles, 3) the final lift of the gravel foundation of the walkway will be placed and compacted, 4) a six inch thick, 10 foot wide 2,750 foot long walkway will be poured to complete the 1.1 mile park, 5) a 6 foot high, black vinyl coated chain link fence, will be placed along the northern side of the walkway, separating it from the railroad right of way and finally, 6) a grey pipe guard rail, Belmar 7, Protective Series AVCON Thermoplastic Railing System, will be installed attached to the top of the 2 foot high concrete cap on the bulkhead.

A more detailed and interactive description of recent progress on this project is available at: <http://publictrustfoundation.org/docs/Vol-3-No2-ELPTF-Bull.pdf>.

Niantic Yoga Center

11 Liberty Way

860.514.4093

Free Newcomer Class!

Thursday, March 19th

6:00 - 7:30 pm

Space is limited, call 860-514-4093 to register.
Classes are *FREE* to anyone new to Niantic Yoga Center. These are ongoing classes, please arrive 15 minutes early.

Yoga classes make a great gift!

Gift Certificates
Available

Studio Space
is available for
Classes, Workshops, and Events.

Please call for details on
prices and availability

For a full listing of programs and classes, visit our website

www.NianticYoga.com

Fort Hill Medical

Equipment and Supplies
A Division of
Fort Hill Pharmacy

Largest Selection
of Medical Supplies
in SECT!

Mobility
Hospital Beds
Nebulizers
Bath Equipment
Wound Care
Compression
Stockings
Mastectomy
Products

your everyday medical needs!

FREE
LOCAL DELIVERY
Call for details.
Medicare/Medicaid

980 Poquonnock Rd · Groton

(Next to Bare Wood Furniture)

Hours: Mon.-Fri. 9-6 / Sat. 9-4 / Closed Sundays

Phone: 860-440-7444